



## ~ Horse Study ~

### Are You Serious about Your Commitment?

For the past several years I have been asked by aspiring horsemen why I don't have a continuing education course that would exist over several years that could mirror the long-term commitment we have to our horses. Clinics are great. Retreats are fun. Lessons are critical. But what of further, deeper study, with the goal of truly developing a light, supple horse, along with a relationship that will last a life-time.

This is the concept of ...Horse Study.

*Ultimately a four-year commitment to yourself, your horse, your relationship.*

Setting up a format for this long-term experience was a challenge, especially when you consider the complexity of true horsemanship...the study of horses! We want to divide each year of study into themes that will lead us through a progression that makes sense to the horses, their level of development, and the variety of skill levels we all encounter as aspiring horsemen and women.

Similar to achieving a four-year university degree, our goal is to break-up this complicated subject of Classical horsemanship, into bio-mechanic and relationship-based skills, combined with written and visual resources, to truly study the elements of developing the horse/human relationship into willing communication.

The foundation will be the dressage training scale, thus relying on wisdom past down from Master Horsemen over the ages. The goals will be achievable for each year, focusing on the annual themes, but ending in the ultimate accomplishment of having built a relationship in lightness with your horse.

Horsemanship is a long-term commitment. In pursuing the 'Horse Study' degree, you will be committing to understanding what it means to bring a horse and yourself along in true Classical horsemanship.

Elements include:

- Annual Concentrated Theme
- Video feedback & conferencing
- Monthly Friday afternoon review/classroom sessions
- Four Weekend 'Horse Study' classes (June - September)
- Syllabus specific to the annual theme, complete with suggested reading/video materials
- Riding schooled horses
- Horse Study Journal - Keeping Track of Your Progress

The 2014 Horse Study theme will explore the depths of *Work in Hand*, and transferring that lightness under saddle. The syllabus will guide you through understandings and applications of:

- Rhythm
- Balance
- Relaxation

Your monthly video submission of your Work in Hand, applied to specific riding skills, will be reviewed by Alice 14-days prior to the weekend gathering. At the time of review, Alice will conduct phone or Skype conversations with each student, and give feedback to work on right up to the Friday classroom study session. If students wish to bring a follow-up video on Friday, great! We will have group discussion and class.

The Weekend Session will start at the 'Kitchen Table' and move to ground work applied to saddle each day. The topic and skill sequence will be very specific to the annual theme. As example, the first weekend will concentrate on developing and understanding RHYTHM. So, the Work In Hand session will apply specific skills that help horse and human see, feel, and accomplish rhythmic movements and transitions.

## ~ Horse Study ~ Details:

This course will consist of 4 weekend sessions throughout the summer 2014 and limited to 6 participants.

Weekend Horse Study sessions with Alice Trindle will include:

- Friday afternoon review session each month, 2 hours length
- 2 Days group and individual instructions each month specified topic
- One video review each month sent in by participant
- Course outline and resource materials suggested
- Skype, email and phone access to Alice throughout the month for questions & answers

### Dates:

- June 7-8, 2014
- July 12-13, 2014
- August 9-10, 2014
- September 6-7, 2014

**Weekend Schedule:** Saturday & Sundays from 9:00am – 4:00pm (pst) each day, with a 1 hour lunch break.

**Cost:** The cost for the four weekend sessions is 1000.00. Horse and Human room cost is not included. The course will be limited to 6 participants and you will be asked to sign a contract agreeing to pay the full amount of 1000.00 for the completion of the course. A non-refundable, non-transferable deposit of 400.00 is required to sign up for the course. The 2<sup>nd</sup> payment of 300.00 is due June 1, 2014, and the 3<sup>rd</sup> payment of 300.00 is due July 1, 2014.

**Cost for Board:** Horse and human room & board cost 100.00 per weekend and payable at the start of each weekend session. Each weekend session will include a Friday afternoon classroom session. Students will be asked to submit a video for review mid-month, and can bring an addition video for review at the Friday classroom. Each participant will have full access to Alice for Questions and Answer throughout the month.